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| |  |  | | --- | --- | |  | internationaal palmares |  |  |  |  |  |  | | --- | --- | --- | --- | --- | |  | jaar | meeting | locatie | resultaat | |  | **1989** | EKJ | Varazdin/Yug | Kwalificatie: groep 2 - 9de met 45m08 | |  | **1990** | WKJ | Plovdiv/Bul | Kwalificatie: 14de met 49m12 | |  | **1991** | EKJ | Thessaloniki/Gre | Finale: 11de met 49m40 | |  | **1997** | WK | Athene/Gre | Kwalificatie groep A: 13de met 58m66 | |  | **2000** | OS | Sydney/Aus | Kwalificatie groep B: 13de met 60m93 - (23ste) | |  | **2001** | WK | Edmonton/Can | Kwalificatie groep A: 9de met 60m19 - (16de) | |  | **2002** | EK | Munchen/D | Finale: 10de met 61m07 | |  | **2003** | WK | Parijs/Fra | Kwalificatie groep A: 9de met 61m64 - (14v27) | |  | **2005** | WK | Helsinki/Fin | Kwalificatie: 8ste met 61m12 |  |  |  | | --- | --- | |  | nationaal palmares |  |  |  |  |  |  | | --- | --- | --- | --- | --- | |  | jaar | meeting | locatie | resultaat | |  | 1986 | BK Cad | Discus | 39m60 | |  | 1987 | BK Cad | Discus | 41m78 | |  | 1988 | BK Schol | Discus | 47m50 | |  | 1989 | BK Schol | Discus | 49m90 | |  | 1990 | BK Jun | Discus | 56m72 | |  | 1990 | BK AC | Discus | 52m46 | |  | 1991 | BK Jun | Discus | 54m20 | |  | 1993 | BK AC | Discus | 53m40 | |  | 1993 | BK Bel | Discus | 49m24 | |  | 1994 | BK AC | Discus | 52m66 | |  | 1994 | BK Bel | Discus | 54m10 | |  | 1995 | BKAC | Discus | 58m92 | |  | 1996 | BK AC | Discus | 55m92 | |  | 1997 | BKAC | Discus | 59m06 | |  | 1998 | BKAC | Discus | 58m00 | |  | 1999 | BKAC | Discus | 60m51 | |  | 2000 | BKAC | Discus | 58m78 | |  | 2001 | BKAC | Discus | 60m36 | |  | 2002 | BKAC | Discus | 60m92 | |  | 2003 | BKAC | Discus | 62m19 | |  | 2004 | BKAC | Discus | 60m91 | |  | 2005 | BKAC | Discus | 59m97 |  |  |  |  |  | | --- | --- | --- | --- | |  | Belgische records |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | |  | jaar | meeting | locatie | resultaat | |  | 1997 | Discus | Kerkrade/Ned, 24 mei | 61m12 | |  | 1997 | Discus | Dublin/Irl, 07 juni | 62m26 | |  | 1999 | Discus | Melle, 30 juli | 62m61 | |  | 2000 | Discus | Wiesbaden/D, 20 mei | 63m49 | |  | 2001 | Discus | Halle/D, 19 mei | 64m24 |  |  |  |  |  | | --- | --- | --- | --- | |  | Prestatie-ontwikkeling |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  | 2 kg | 1,750 kg | 1,5kg | 1 kg |  | |  | 1984 |  |  |  | 30m44 |  | |  | 1985 |  |  |  | 34m50 |  | |  | 1986 |  |  | 41m18 |  |  | |  | 1987 |  |  | 48m16 |  |  | |  | 1988 | 47m16 |  | 51m76 |  |  | |  | 1989 | 49m58 |  | 53m12 |  |  | |  | 1990 | 54m06 | 56m72 |  |  |  | |  | 1991 | 54m04 | 57m44 |  |  |  | |  | 1992 | 55m68 |  |  |  |  | |  | 1993 | 54m58 |  |  |  |  | |  | 1994 | 56m90 |  |  |  |  | |  | 1995 | 60m42 |  |  |  |  | |  | 1996 | 60m30 |  |  |  |  | |  | 1997 | 62m26 |  |  |  |  | |  | 1998 | 60m94 |  |  |  |  | |  | 1999 | 62m61 |  |  |  |  | |  | 2000 | 63m49 |  |  |  |  | |  | 2001 | 64m24 |  |  |  |  | |  | 2002 | 63m95 |  |  |  |  | |  | 2003 | 63m88 |  |  |  |  | |  | 2004 | 64m06 |  |  |  |  | |  | 2005 | 63m10 |  |  |  |  | |  | 2006 | 54m08 |  |  |  |  | |  | 2007 | 57m39 |  |  |  |  | |  | 2008 | Laatste competitie op 11 mei 2008 te Zwevegem: BVV: 1ste met 55m75 | | | | | |  |  |  |  |  |  |  |  |  |  | | --- | --- | |  | zomer 2007 |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Datum | Plaats | Competitie | Discipline | Rang | Prestatie |  | Opmerking |  | |  | 17 maart | Yalta/Ukr | ECup Winter Throw | Discus | 8ste | 57m39 |  |  |  | |  | 13 mei | Heusden | BVV | Kogel | 2de | 13m63 |  |  |  | |  | 13 mei | Heusden | BVV | Discus | 2de | 45m63 |  |  |  | |  | 24 jun | Munchen/Ger | EuropaCup | Discus | 8ste | 45m50 |  | blessure |  | |  | 16 okt | Hyderabad/Ind | CISM-kamp | Discus | 9de | 54m08 |  |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | |  | zomer 2006 |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Datum | Plaats | Competitie | Discipline | Rang | Prestatie |  | Opmerking |  | |  | 13 mei | Wiesbaden/D | Internationaal | Discus | 4de | 62m70 |  |  |  | |  | 14 mei | Kortrijk | BVV | Kogel | 2de | 14m18 |  |  |  | |  | 14 mei | Kortrijk | BVV | Discus | 1ste | 60m90 |  |  |  | |  | 20 mei | Halle/Ger | Internationaal | Discus | 9de | 59m82 |  |  |  | |  | 21 mei | Oordegem | KVV | Discus | 1ste | 58m68 |  |  |  | |  | 18 juni | Praag/Cze | EuroCup | Discus | 2de | 61m63 |  |  |  | |  | 30 juni | Bottnaryd/Swe | Internationaal | Discus | 1ste | 60m36 |  |  |  | |  | 09 juli | Brussel | BK AC | Discus | - | NM |  |  |  | |  | 22 juli | Heusden-Zolder | KBC Nacht | Discus | 4de | 59m89 |  |  |  | |  | 26 aug | Merksem | Flanders Cup | Discus | 2de | 58m77 |  |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | |  | zomer 2005 |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | |  | Datum | Plaats | Competitie | Discipline | Rang | Prestatie | Opmerking | |  | 12 maa | Mersin/Tur | Eur.Werp.Chl | Discus | 7de | 58m63 |  | |  | 14 mei | Neuwied/Ger | Internationaal | Discus | 2de | 62m48 |  | |  | 15 mei | Zwevegem | BVV | Kogel | 2de | 14m08 |  | |  | 15 mei | Zwevegem | BVV | Discus | 3de | 61m65 |  | |  | 21 mei | Halle/Ger | Internationaal | Discus | 8ste | 61m46 |  | |  | 28 mei | Wiesbaden/Ger | Internationaal | Discus | 4de | 62m69 |  | |  | 29 mei | Hengelo/Ned | IAAF GP | Discus | 6de | 62m93 |  | |  | 01 jun | Berlijn/Ger | Internationaal | Discus |  | 63m10 | WK-B-limiet | |  | 19 jun | Leiria (POR) | internationaal | discus | 1 | 62m02 |  | |  | 22 jun | Papendal (NED) | internationaal | discus | 2 | 59m23 |  | |  | 02 jul | Oordegem-Lede | nationaal | discus | 1 | 62m51 |  | |  | 10 jul | Brussel | BK-AC | discus | 1 | 59m97 |  | |  | 23 jul | Heusden | internationaal | discus |  | 62m40 |  | |  | 06 aug | Helsinki (FIN) | WK | discus | 5 | 61m12 |  | |  | 20 aug | Tessenderlo | nationaal | discus | 1 | 58m44 |  | |  | 29 aug | Dubnica (SVK) | internationaal | discus | 2 | 58m93 |  |  |  |  | | --- | --- | |  | zomer 2004 |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | |  | Datum | Plaats | Competitie | Discipline | Rang | Prestatie | Opmerking | |  | 13 maa | Marsa | Eur.Thr.Chal | Discus | 5de | 58m96 |  | |  | 15 mei | Wiesbaden/D | Internationaal | Discus | 4de | 63m09 |  | |  | 16 mei | Merksem | Interclub | Discus | 1ste | 61m98 |  | |  | 16 mei | Merksem | Interclub | Kogel | 4de | 14m08 |  | |  | 22 mei | Halle/D | Internationaal | Discus | 5de | 63m18 |  | |  | 29 mei | Zeulenroda/D | Internationaal | Discus | 2de | 62m99 |  | |  | 05 jun | Heverlee | Flanders Cup | Discus | 1ste | 62m55 |  | |  | 06 jun | Rostock/D | Regionaal | Discus | 1ste | 63m38 |  | |  | 09 jun | Rostock/D | Regionaal | Discus | 1ste | 64m06 |  | |  | 13 jun | Erfurt/D | Internationaal | Discus | 5de | 60m06 |  | |  | 20 jun | Plovdiv/Bul | EuropaCup | Discus | 1ste | 61m29 |  | |  | 27 jun | Oordegem | Kamp.v.Vlaan. | Discus | 1ste | 63m39 |  | |  | 11 jul | Brussel | BK AC | Discus | 1ste | 60m91 |  | |  | 17 jul | Oordegem | Flanders Cup | Discus | 1ste | 62m94 |  | |  | 21 jul | Gent | Flanders Cup | Discus | 1ste | 60m86 |  | |  | 31 jul | Heusden-Zolder | IAAF GP KBC | Discus | 4de | 63m20 |  | |  | 28 aug | Tessenderlo | Flanders Cup | Discus | 1ste | 60m44 |  | |  | 02 sep | Oordegem | IAAF GL MVD | Discus | 9de | 60m05 |  | |  | 04 sep | Merksem | Flanders Cup | Discus | 1ste | 61m71 |  |  |  |  | | --- | --- | |  | zomer 2003 |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | |  | Datum | Plaats | Competitie | Discipline | Rang | Prestatie | Opmerking | |  | 1 maa | Gioia Tauro/Ita | Europ.Throw. | Discus | 6de | 61m29 |  | |  | 11 mei | Tessenderlo | BVVlaander. | Discus | 1ste | 62m23 |  | |  | 11 mei | Tessenderlo | BVVlaander. | Kogel | 2de | 14m84 |  | |  | 17 mei | Wiesbaden/D | Internationaal | Discus | 5de | 63m06 |  | |  | 24 mei | Halle/D | Internationaal | Discus | 4de | 63m68 | **B-minimum Parijs** | |  | 29 mei | Zeulenroda/D | Internationaal | Discus | 3de | 63m69 | **B-minimum Parijs** | |  | 07 jun | Leiden/Ned | Internationaal | Discus | 2de | 61m97 |  | |  | 15 jun | Dortmund/D | Internationaal | Discus | 3de | 63m69 | **B-minimum Parijs** | |  | 22 jun | Lappeenranta/Fin | EuroCup | Discus | 3de | 61m91 |  | |  | 29 jun | Heusden-Zolder | KVV | Discus | 1ste | 61m58 |  | |  | 05 jul | Kortrijk | Flanders Cup | Discus | 1ste | 60m00 |  | |  | 19 jul | Cuxhaven/D | Internationaal | Discus | 3de | 62m66 |  | |  | 20 jul | Hamburg/D | Internationaal | Discus | 2de | 62m12 |  | |  | 03 aug | Leverkusen/D | Internationaal | Discus | 2de | 63m88 | **B-minimum Parijs** | |  | 09 aug | Jambes | BK-AC | Discus | 1ste | 60m30 | Kwalificatie | |  | 10 aug | Jambes | BK-AC | Discus | 1ste | 62m19 | Finale | |  | 24 aug | Parijs/Fra | WK | Discus | 9de | 61m64 | Kwalificatie | |  | 30 aug | Tessenderlo | Flanders Cup | Discus | 2de | 61m84 |  | |  | 06 sep | Merksem | Flanders Cup | Discus | 1ste | 60m28 |  |  |  |  | | --- | --- | |  | zomer 2002 |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | |  | Datum | Plaats | Competitie | Discipline | Rang | Prestatie | Opmerking | |  | 11 mei | Halle/D | Internationaal | Discus | 3de | 63m95 | EK-minimum | |  | 12 mei | Duffel | Interclub | Discus | 1ste | 61m04 |  | |  | 12 mei | Duffel | Interclub | Kogel | 1ste | 14m82 |  | |  | 18 mei | Heverlee | Flanders Cup | Discus | 1ste | 60m90 |  | |  | 22 mei | Heusden | Militair Kamp. | Discus | 1ste | 61m46 |  | |  | 26 mei | Zeulenroda/D | Internationaal | Discus | 2de | 62m43 |  | |  | 02 jun | Vilvoorde | KVV | Discus | 1ste | 61m96 |  | |  | 08 jun | Dortmund/D | Internationaal | Discus | 2de | 62m49 |  | |  | 23 jun | Banska Bystr./Svk | Europa Cup | Discus | 2de | 61m22 |  | |  | 07 jul | Brussel | BK | Discus | 1ste | 60m36 |  | |  | 24 jul | Gent | Flanders Cup | Discus | 1ste | 61m74 |  | |  | 27 jul | Leverkusen/D | Internationaal | Discus | 1ste | 62m97 |  | |  | 9 aug | Munchen/D | EK | Discus | 7de | 62m71 | Kwalif.: 11de plaats | |  | 11 aug | Munchen/D | EK | Discus | 10de | 61m07 | Finale (regenweer!) | |  | 17 aug | Merksem | Nationaal | Discus | 1ste | 61m95 |  | |  | 24 aug | Tessenderlo | Flanders Cup | Discus | 1ste | 61m99 |  | |